

You Can Change - Chapter 3

Chapter 3: HOW are you going to Change?

We are NOT going to change by _____ effort.

Read Colossians 2:20-23

What has no value in stopping the indulgence of the flesh? _____

Read Mark 7:18-23.

Real and lasting change is _____ change.

Read Galatians 3:1-3

What is legalism? _____

How do you struggle with legalism? _____

Why is legalism so appealing? _____

Read Philippians 3:4-9

What did Paul have to repent of? _____

“Jesus does what legalism can never do: he gives us a new heart and a new spirit.” (Page 46)

We see this in Ezekiel 36:25-27 and Mark 1:8...

All three persons of God are at work to change and liberate us!

The Father is intimately involved in our lives so that our circumstances train us in godliness.

Read Hebrews 12:5-11

Why does God the Father discipline us? _____

The Son has set us free from both the penalty and the power of sin so that we now live under the reign of grace.

Read Romans 6:1-7

What has taken place in us due to our connection to Jesus? _____

The Spirit gives us a new attitude toward sin and a new power to change.

Read Galatians 5:16-24

The Spirit gives us a desire to _____ and opposes our selfish and proud desires.

What new insights do you have about HOW you will change?