

You Can Change – Chapter 2

Chapter 2: Why Would You Like to Change?

What are the wrong reasons for wanting to change?

1 – To prove myself to _____.

2 – To prove myself to other _____.

3 – To prove myself to _____.

What is wrong with these reasons for wanting change? _____

Read Luke 18:9-14

Read Ephesians 2:8-10

“You will cleanse no sin from your life that you have not first recognized as being pardoned through the cross.” (Page 28)

“We don’t change so we can prove ourselves to God. We’re accepted by God so we can change.” (Page 29)

What are the right reasons for wanting change?

Over and over again, the New Testament calls us to be what we are! It’s not about achieving something so that we can earn or impress... but instead it’s about living out our new identity in Christ!

Read 2 Peter 1:3-9

What are we forgetting when we are ineffective and unproductive? _____

Let's look at 3 ways that the Bible describes our new identity and how these provide strong motivation for change.

1. You are a _____ of the Father.

Read Galatians 4:4-7 & 5:13

2. You are the _____ of the Son.

Read Ephesians 5:25-27

3. You are the _____ of the Holy Spirit.

Read I Corinthians 6:18-20

4 Final Thoughts...

1. "Growing in holiness is not sad, dutiful drudgery. It's about joy." (Mark 8:35-36)
2. "Change is about living in freedom."
3. "Change is about discovering the delight of knowing and serving God."
4. "Becoming like Jesus is something that God gives to us. It's not an achievement that we offer him. It's enjoying the new identity He has given us in Christ."

Write a summary of WHY you would like to change.