

## Treasuring the Supremacy and Sufficiency of Jesus

16-17 – Beware of legalistic tendencies that undermine Christ's sacrifice

18-19 – Beware of spiritual experiences that undermines Christ's supremacy

20-23 – Beware of spiritual practices that undermine Christ's sufficiency

### Question:

1. What was confusing, convicting, or encouraging from this study of Scripture?
2. Why is the law in the Old Testament no longer needed for people to be right with God?
3. Why does having a list of rules seem attractive to us? Why does it seem to be part of our DNA to want rules to keep? What is the danger of focusing on the law rather than on Christ (19)?
4. Where do you struggle with legalism in your relationship with Christ? What truth about how God relates to us helps you fight this tendency?
5. In what ways as a church might we be in danger of adding to Christ and his work? What rules or guidelines do we want believers to follow that are more cultural than biblical?
6. Paul says that all of these practices have no value in stopping the indulgence of the flesh. Why do you think that is the case? (Consider Mark 7:14-23; Matthew 15:15-20).
7. By God's grace, what needs to change in your life based on this study of Colossians 2:16-23?