

True & False Fasting – Isaiah 58

1. Why does God not respond to the manipulation of my false fasting? (58:1-5)

2. What kind of fasting does the Lord truly require of me? (58:6-7)

3. What will be the results of a true fast before the Lord? (58:8-14)

Questions for Discussion & Application

1. What was confusing, convicting, or encouraging from this study of scripture?
2. How does this passage challenge you personally? How will you respond in obedience to what you have heard?
3. Have you ever fasted? What is the difference between a true and false fast?
4. This passage challenges us to pour ourselves out for the hungry/needy (vs. 10). What are some specific ways that you can live this out?
5. How do the promised results of sacrificial love and care for the needy motivate you to action?

(Our next study in Isaiah will be from chapter 60. Please consider reading ahead to prepare.)