

# Reflections Upon Life – Psalm 90

**1. God is eternal. (vss. 1-2)**

**2. Man is mortal. (vss. 3-11)**

**3. Teach us to number our days. (vss. 12-17)**

## **Questions for Discussion & Application**

1. What was confusing, convicting, or encouraging from this passage?
2. What attributes of God can we see in this passage? Which attribute stands out to you? Why?
3. Why is it good for us to often remember how short our lives are?
4. How has such reflection changed the way you live your own life?
5. Why is God able to have compassion and show unfailing love to sinners?