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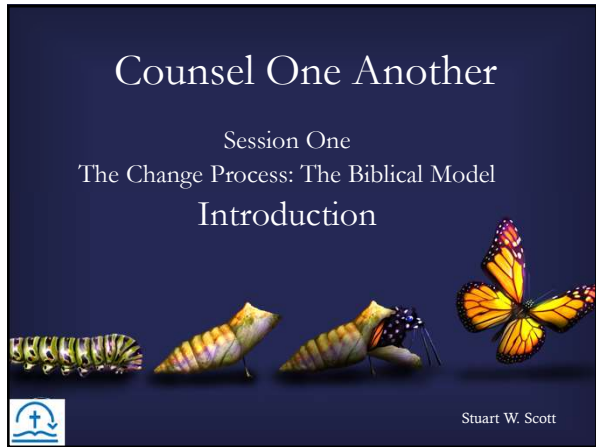
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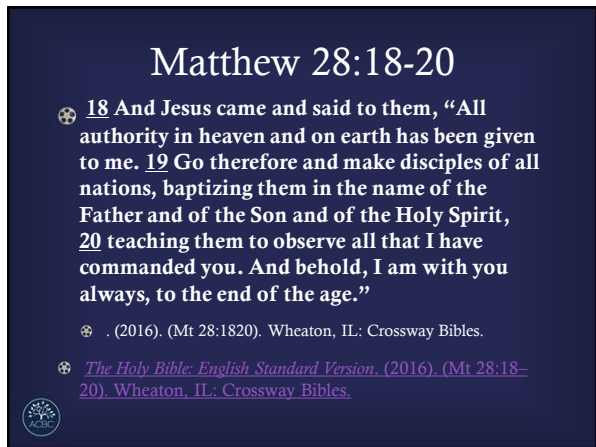
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## ROMANS 10:13-14

✿ 13 For “everyone who calls on the name of the Lord will be saved.” How then will they call on him in whom they have not believed? And how are they to believe in him of whom they have never heard? And how are they to hear without someone preaching? ... So faith comes from hearing, and hearing through the word of Christ.




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## JOHN 17:17-20

✿ 17 Sanctify them in the truth; your word is truth. As you sent me into the world, so I have sent them into the world. And for their sake I consecrate myself, that they also may be sanctified in truth. “I do not ask for these only, but also for those who will believe in me through their word,




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## 2 TIMOTHY 3:14-17

✿ 14 But as for you, continue in what you have learned and have firmly believed, knowing from whom you learned it and how from childhood you have been acquainted with the sacred writings, which are able to make you wise for salvation through faith in Christ Jesus. All Scripture is breathed out by God and profitable for teaching, for reproof, for correction, and for training in righteousness, that the man of God may be complete, equipped for every good work.




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## 2 PETER 1:2-4

2 May grace and peace be multiplied to you in the knowledge of God and of Jesus our Lord. 3 His divine power has granted to us all things that pertain to life and godliness, through the knowledge of him who called us to his own glory and excellence, 4 by which he has granted to us his precious and very great promises, so that through them you may become partakers of the divine nature, having escaped from the corruption that is in the world because of sinful desire.

⌘ . (2016). (2 Pe 1:24). Wheaton, IL: Crossway Bibles.



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## Origin and Development:

- ⌘ Genesis to Revelation
- ⌘ Reformation Era
- ⌘ Puritan Era
- ⌘ 1850-1900 (Darwin, Freud)
- ⌘ 1900-1950 (Liberalism, Vacuum...)
- ⌘ 1950-2000 (rise of Psy/Psychiatry/Meds)
- ⌘ 2000-Present (Churches refer out...)



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## What is Biblical Cnslg?

⊗ Definition: (the same as discipleship, soul care)

- “Biblical Counseling is ministering the Word of God to believers with humility, compassion and accountability – to bring about abiding hope, change, and usefulness for the Glory of God.”



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Intuition      Philosophy/  
Psychology      Hard Science      The Bible

A popular uninformed saying is:  
“All Truth is God’s Truth”



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Objective



Subjective

**Special Revelation:**  
Absolute Divine Truth

**Science** (“Hard” Observational)

**Philosophy & Psychology** (a discipline or “Soft” Science)

**Intuition** - (man’s own personal thoughts and feelings)

Descending Order of Certainty & Authority

Adapted, Dr. Robert Thomas, TMS, Spring, 1998



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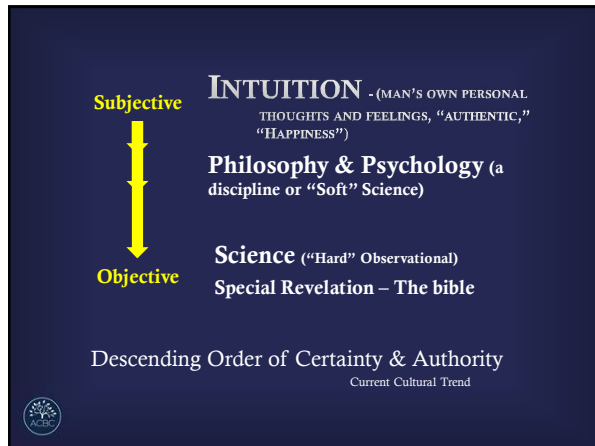
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Comparison of Counseling Models – Historic Models							
LEADER	Depth Psychology	Neo-Freudians	Applied Psychology	Behaviorism	Rational Emotive Therapy	Third Force	Family Systems
LEADER	Freud	After (therapist)	Freud	Skinner	Ellis	May	Acharns
PROBLEM	Structural model Id, superego, Ego	Socially governed animal	product of the unconscious - driven by archetype	Classical model - Blank tablet	Classically good - Potential within - Mature like a flower	Existential - Freedom - Choice - Responsibility	System of family, sexuality, circular and multi-directional - Individual is simply fulfilling a function within the system
RESPONSIBILITY	Not man's	Not man's but society's	Not man's	Not man's (environment)	Not man's	Not man's	Not man's
VIEW OF MAN'S GUILT	Result of imposed standards from others - Guilt	Attitudes in thinking and acting - Lack of confidence	Result of failure to achieve self-actualization	Not important (no evil)	Controlled thinking results in neurotic thinking and inhibiting	Not important	Non-pathological, simply problems in living
TREATMENT	Analysis - Unconscious - Structure the Ego - Make the unconscious conscious - Find source in insight & awareness - Free it, weaken superego	Shift in responsibility - Control own fate - Improve emotional health and experience of both sides	Analysis - Individuation (the separation of the conscious and unconscious which results in self-actualization) - Explore unconscious through dream analysis	Behavioral conditioning - Reinforcement - What they want - Change - Practice actively changing self-defeating behaviors	Acquire a rational view of life - Process of re-evaluation - Practice actively changing self-defeating behaviors	Help him realize potential - Solution within - Focus on feeling - Not directive - Process of relationship	System as a whole they perceive - Focus on the function the behavior serves and increasing the need in order to allow the behavior to be unnecessary - After how the various relationships are carried out
RESOLUTION OF MAN'S GUILT	Find source - Shift blame - Label as false guilt - Cultural/social values and parents to blame	Change thinking to feel better and behave better	Rebellion - Achieved through self-actualization - Individual retains human collective experience (collective unconscious) - A new level of an end in and of itself	Change standard according to client's "needs"	Reorienting one's thinking, judging, analyzing, doing, and re-defining	Take whatever steps necessary to achieve the goal of being comfortable with oneself	Change family relationships by differentiation of individual selves, the more "differentiated" the better - Reconstructive family organization - Change dysfunctional relational patterns
COUNSELOR	Expert	Encourage - Adapt to client's "needs"	Client as expert - Similar to depth psychology	Technician	Teacher and educator - Thought emphasized	Mirror	Actual leader - Expert and cultural leader - After how the various relationships are carried out
PROBLEMS	Unbiblical anthropology - Promotes self-absorption, narcissism - Victim mentality	Unbiblical anthropology - Victim mentality - Ade	Unbiblical anthropology - Unbiblical use of dream - Unbiblical theories and methodology	Unbiblical anthropology - Manipulates through rewards & punishments - Ignores man as spiritual being - Victim mentality	Unbiblical identification of beliefs - Substitution of therapist's beliefs, system rather than God's Word for counselor's belief system	Unbiblical anthropology - Promotes responsibility and self-focus - Solution is within rather than in Christ - Victim mentality	Unbiblical anthropology - Promotes responsibility and self-focus - Victim mentality

Comparison of Counseling Models – Present Day Models							
LEADER	Chemical Reductionist Theory	Cognitive Behavioral Therapy (CBT)	Therapeutic Counseling	12 Step & 12 Principles (AA)	Psychological Group	Popular Redemptive	Biblical Counseling
LEADER	Most psychiatrists	Many	Agnes Sanford David Scordis	Bill Wilson & Bob Smith	Victims "Christians" Counselors	Quinn, Dr. Phil, Dr. Lous, etc.	Various "Christians" & "biblical" counselors
PROBLEM	- product of brain chemicals - development of maladaptive thinking patterns leads to undesired emotions and behavior	- natural, blank slate - product of emotional experiences	- natural, blank slate - product of past experiences	- victim of illness	- passive, victims	- made in the image of God (but defined by various psychologists)	- Created by God to glorify God
RESPONSIBILITY	- not man's, needs doctor	- man is man's, but varies	- not man's, but others	- not man's, genetics	- varies	- varies	- Man's
VIEW OF MAN'S GUILT	- medical problem	- if addressed at all, is due to faulty thinking	- product of damaged emotions	- product of disease	- result of being unfree and feeling negative about one's self	- suffering is usually emphasized over guilt	- Result of sin - Real
TREATMENT	- change patterns of unconscious thinking, beliefs, coping skills, emotions, and behavior to more adaptive ones	- visualization & re-living of original experience with Jesus as helper	- follow 12 steps - share with others who are struggling	- have a "disease" or "illness" (any addiction)	- emotional needs not met, wounded, low self-esteem, self-image	- varies depending upon the view of the counselor - usually suffering is emphasized - sin, if mentioned at all, is minimized	- fallen since by choice - suffering because of sin (directly or indirectly)
RESOLUTION OF GUILT	- drugs when problem so person feels better	- if addressed, should achieve with changes made	- emotions "healed" by re-experiencing original experience with Jesus	- learn to cope with disease	- healed, fulfilled, loved, high view of self, needs met	- guilt usually not the issue	- Deal with sin - Deal with response
COUNSELOR	- medical doctor	- licensee/practitioner	- counselor/assistant	- nurse, counseling isn't allowed	- "Christian" psychologist/psychiatrist	- many	- Biblical Discipline
PROBLEM	- lack of words/ spiritual dimension of man - power / manipulation in self, not a Savior - new patterns not "truth based"	- avoids person's useful response to truth - un-biblical view of emotions & sin - God "as we understand him"	- no mention of sin - no mention of re-definition of man's nature - God "as we understand him"	- man-centered - ignore the problem of sin - makes Jesus into a cosmic psychiatrist	- denies biblical authority & truth for a purely pragmatic approach	- though using the Bible, denies sufficiency by seeing the need for other sources - in practice, the Bible is used only superficially - no serious working out of progressive sanctification	- Justification by faith - Progressive sanctification - Spirit and Word

Chart by K. Palmer, adapted in part from earlier versions developed by SANC, Dr. Stuart Scott, and Dr. John Street

2012 Biblical Counseling & Discipleship Conference - Chart Rev. 2012



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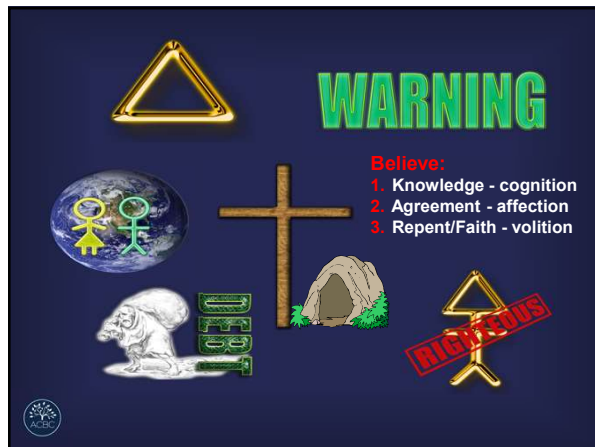
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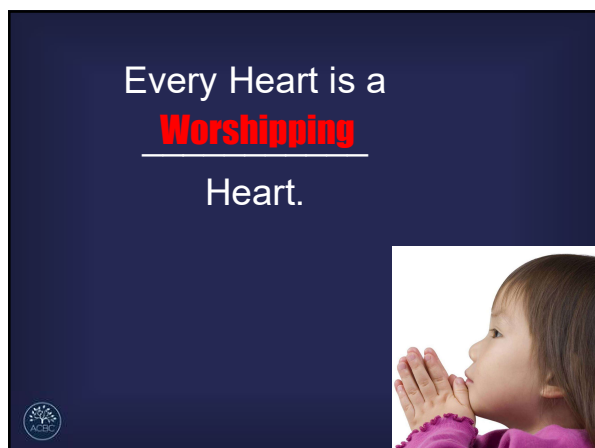
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The Worshipping Heart

What is an Idolatrous Lust?



*"An idolatrous lust is anything that we consistently make equal to or more important than God in our attention, desire, devotion, choices and pursuit."*



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1. Change for the  
Chrisitan: Sanctification -  
definition

The basic meaning is "to set apart  
for holy purposes"



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## Titus 2:11-15

For the grace of God has appeared, bringing salvation for all people, training us to renounce ungodliness and worldly passions, and to live self-controlled, upright, and godly lives in the present age, waiting for our blessed hope, the appearing of the glory of our great God and Savior Jesus Christ, who gave himself for us to redeem us from all lawlessness and to purify for himself a people for his own possession who are zealous for good works.

Declare these things; exhort and rebuke with all authority. Let no one disregard you.



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## Sanctification - definition, Dr.

Wayne Grudem, Systematic Theology, 746

This part of the application of redemption is called sanctification:  
*Sanctification is a progressive work of God and man that makes us more and more free from sin and like Christ in our actual lives."*



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## 2. How it differs from Justification

### A. Justification



Justification is the event where God declares us "just" with an alien righteousness that we receive from Jesus at conversion – what God has done for us.



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## 2. How it differs from Justification

### B. Sanctification

“Sanctification is a progressive work of God and man that makes us more and more free from sin and like Christ in our actual lives.”

“Sanctification is the process of changing and growing in Christ – what God is doing in us”



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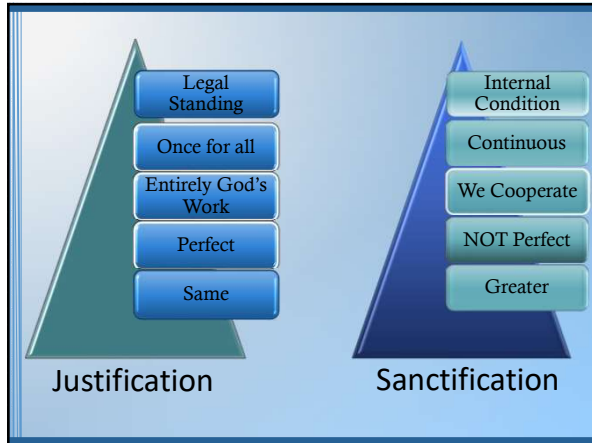
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## 3. The Three Stages

A. Past - “Positional”

B. Present – “Progressive”

C. Future – “Perfect/Prospective”



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4. Various Views (sample models)

- ✿ Wesleyan
- ✿ Augustinian-Dispensational
- ✿ Pentecostal
- ✿ Lutheran
- ✿ Contemplative
- ✿ Keswick
- ✿ Reformed



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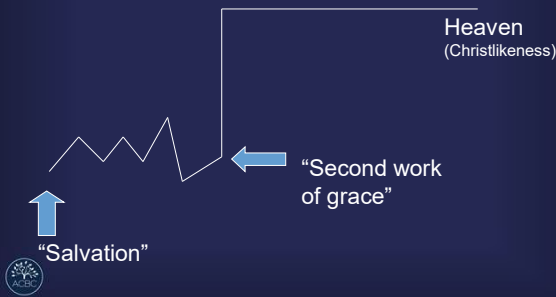
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The Wesleyan View



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The Keswick/Pentecostal View



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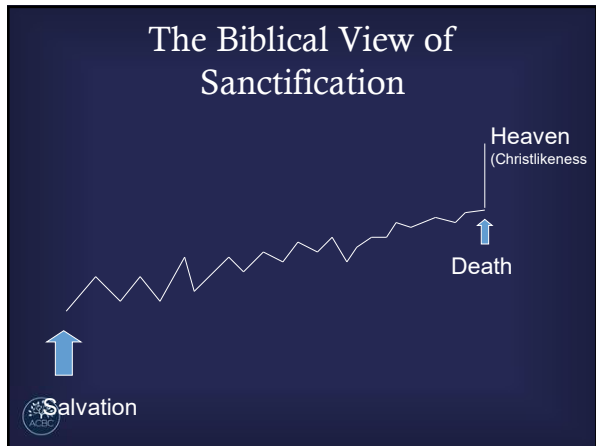
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### Implications

- ✿ Many believers lean toward these faulty views when we seem to be waiting for some divine event or experience that will take away the strongest pulls of sin and eliminate the need for Spirit-empowered cooperative work
- ✿ We may lean toward the Wesleyan view when we admit that we “often” sin, but seldom confess it or ask for forgiveness
- ✿ We may lean toward the Keswick view when we “let go and let God,” or “let go and let God’s Word,” or “let go and let the Gospel,” by thinking that the hearing of Scriptural teaching alone, without its practice, will change us

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### Key Elements Within the Change Process

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- 1) Sin & Guilt**
- 2) Repentance/Faith**
- 3) Forgiveness & Covering**
- 4) Replacement & Renewal**

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**Three KEY Points**

1. The knowledge of the Bible and agreement with it alone does not equal spiritual transformation
2. God will not believe for you, nor will He obey for you
3. We must intentionally meditate on God's Word, with specific application to our own lives. This is our dependent working with the Holy Spirit's help towards a joy-filled obedient faith in Jesus Christ



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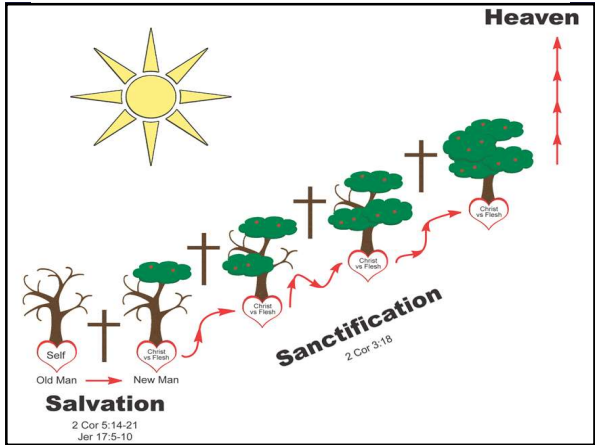
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