

Prayer

1. We are commanded to pray!
 - 1 Thessalonians 5:17 - pray without ceasing
 - Luke 18:1 - Jesus tells us to pray and not lose heart
2. Do you pray? When you pray, what do you pray about?
 - Family, Future, Money, Work/School, Church/Christian Concern, Current Crisis
 - The most important things in your life!
3. Are you ever bored when you pray? Why do you think that is?
 - My mind wanders
 - I say the “same old things about the same old things”
4. So... if you are talking about the most important things in your life to the most important being in the universe, why do you think its boring?
5. Change the way that you pray. Pray the words that God has given us. We are going to read a verse/line and then pray whatever comes to mind (even if its not what the verse is really about)
6. Look at Psalm 23
 - “The Lord is my Shepherd”
 - Lord thank you for being my shepherd
 - Father I ask you to Shepherd me in this decision I’m about to make
 - Lord, my friend needs a Shepherd. Will you show yourself to them as the Good Shepherd
 - “I shall not want”
 - Lord thank you that I really have never been “in want” I’ve always had food to eat.
 - Father lately I have been wanting to be more popular than I have been focused on you. I know that is idolatry and if my eyes are truly fixed on you I will not want. Please help me to not want.
 - “He makes me lie down in green pastures”
 - Thank you Lord for allowing me to rest! Thank you for letting me lie down at night
 - Father, I have been really fearful about the riots that are going on in the United States. I know you want me to rest knowing you are there to protect me. Help me to trust you and rest.
 - “He leads me beside still waters”
 - I can’t think of anything to pray for this line... What do I do now? KEEP GOING
 - “He restores my soul”
 - Thank you Lord for restoring my soul. Thank you for giving me this weekend to rest and know more about you Lord.
 - Lord, restore the soul of my friend. I want to share the gospel with them. Help them to see that the only restoration that can be had on this earth is from you alone.
7. Psalm 119:9-16 - Your Turn! Read a line or two & then pray whatever comes to mind.
8. This method works in all of the Bible! (Stories in the Gospels work better if you read an entire story & then pray about the meaning)