

Bible Intake

1. Hearing

- a. Listen to the Bible being read out loud (YouVersion Bible App reads it outloud)
- b. Be involved in a church where the Bible is read during service
- c. When you are reading, read outloud (or read with a friend)
- d. Luke 11:28, Romans 10:17, 1 Tim 4:13

2. Reading

- a. Jesus asked this question the most in the gospels: "Have you not read?"
- b. Matthew 4:4 - "Man shall not live by bread alone, but by every word that comes from the mouth of God" - How can we expect to live by every word if we have not at the very least read every word?
- c. 3 Tips for success:
 - i. Find the time (if you read 15 minutes every day you can read the Bible in less than 1 year!)
 - ii. Use a Bible-Reading Plan
 - iii. Find a word, phrase, or verse to meditate on each time you read

3. Study the Bible

- a. The difference between reading and studying is simple: Pen & Paper
- b. Ezra 7:10, Acts 17:11, 2 Timothy 4:13
- c. Read & then write down thoughts, look up words you don't know, find similar passages to give you a better idea of what it means
- d. Use the Swedish Method - what we learned yesterday
- e. It's ok to not fully understand! Even Peter had difficulty! - 2 Peter 3:16

4. Memorizing

- a. To fight sin & temptations: Psalm 119:11, Matthew 4:1-11 (Jesus quotes scripture from memory)
- b. To strengthen your Faith: Proverbs 22:17-19
- c. How?
 - i. Write out verses
 - ii. Draw picture reminders (Psalm 119:11 - a heart with a Bible inside it, Ephesians 6:17 - picture of a sword)
 - iii. Find Accountability - meet with someone and go over your memory verses together
 - iv. Review and meditate on memory verses daily
 - v. Use down time - brushing your teeth, on the bus, repeat verses you know well before you go to sleep