

In Biblical Community We Forgive One Another— Ephesians 4:30-5:2

Put off bitterness (Ephesians 4:30-31).

Put on forgiveness (Ephesians 4:32-5:2).

Questions for Discussion & Application:

1. What was surprising, challenging, or helpful from this study of God's Word?
2. In Ephesians 4:26-27, Paul mentions the need to deal with anger quickly so that we do not give the devil an opportunity. What do you think this means? How have you seen or experienced the wisdom of this counsel?
3. Ephesians 4:30 speaks of grieving the Holy Spirit of God – what does it mean to grieve the Holy Spirit? What kind of actions grieve the Holy Spirit? Why do these actions grieve the Spirit?
4. Out of all the words listed in Ephesians 4:31, are any of them confusing? What are we to do with all of them?
5. What will happen in the church if such attitudes are left unchecked?
6. What has helped you to put such attitudes away in your own life?
7. Ephesians 4:32 describes a list of good attitudes that we are to put on in place of the negative ones we are to put off. Why is it important that we not only focus on

the sin that we need to turn away from but also on the good that we are to embrace? How has this positive focus been helpful to you personally?

8. What does it actually mean to forgive someone?

9. Why is a commitment to forgiving one another so essential for authentic relationships and true community to exist? How have you experienced this to be true?

10. What is our motivation for forgiving one another? (see Ephesians 4:32b-5:2 & Matthew 18:21-35)

Additional Questions for Personal Reflection:

1. Is there an attitude of bitterness toward someone in your own life that you need to put away?

2. If so, what step will you take to help you do this?

3. Why would reflecting upon your own experience of God forgiving your sins through Jesus' sacrifice make taking this step easier?